

At Alpha Training, the safety and well being of our staff and delegates is our main focus.

We have been preparing to ensure we are COVID-19 compliant at our site and for when you are ready for us to attend your site.

For further information contact the Training team on 01903 871381 or email [info@alphahealthandsafety.com](mailto:info@alphahealthandsafety.com)

## Because we Care ...

### Before Attending a course

Each delegate will be requested to fill out a Medical Questionnaire and given new Joining Instructions – we have a Welcome Team ready to brief you on the changes to keep you safe.

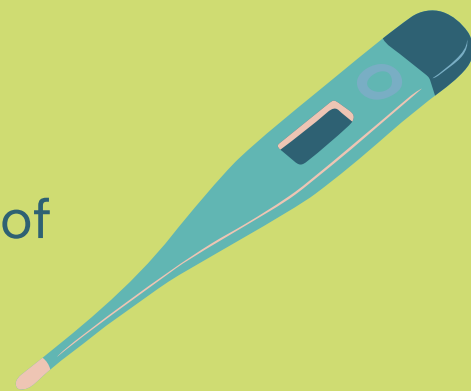


*Please be reassured that if your delegate does become unwell before the course – contact us as our cancellation policy has been adapted for those who need to rescheduled due to COVID-19.*

### We will check ...

Upon arrival we will check your temperature and oxygen levels – if, at any time you feel unwell – please tell us.

Aside from fever, Covid-19 symptoms include cough, difficulty breathing, lost of smell and taste, as well as fatigue.



### Wash your hands

Throughout the site there will be Sanitising Stations – Practice good hand hygiene by washing your hands with soap and water or using alcohol or hand sanitiser.



### PPE

Upon arrival you will be given you own designated PPE which remains with you throughout the course.

Masks, gloves and pens will be available.



### Cleaning

Our Training Academy and Confined Space Units follows a strict cleaning regime – before, during and after courses.

### Practice social distancing

The desks in the Training Academy have been set up for at least 2 meters (6 feet) distance from others.



### Risk Assessment and COVID-19 Policy

We have created our COVID-19 Policy and a suite of Risk Assessments which are available on our [website](#) or please contact us to request copies.

Our trainers will conduct a Point of Work Risk Assessment before the start of every course delivered.